CoolSculpting

Post-treatment Instructions & Our Results Promise

Our Promise:

As a medical practice, our commitment is to patient safety and satisfaction. We offer services to our patients only when it is appropriate and when it is likely to meet patient goals.

Coolsculpting is proven to permanently reduce pockets of fat up to 25% with lasting results. For any patient who receives no visible reduction of fat (the occasional "non-responder") we will happily honor our promise as outlined here.

After completing the recommended number of treatments:

<u>At your 4-Month Follow-up Appointment</u>: If your provider is not seeing a visible reduction of fat in the area(s) treated and you are within 3 pounds of your original weight, they will schedule an additional follow up appointment at month 5 (Some people can be "delayed responders").

<u>At your 5-Month Follow-up Appointment</u>: If your provider determines there is still no visible reduction of fat in the area(s) we treated and you are still within 3 pounds of your original weight, we will happily retreat the area(s) again at no charge.

<u>At your 4-Month Follow-up Appointment (following retreatment)</u>: If your provider determines there is still no visible reduction of fat in the area(s) we treated and you are still within 3 pounds of your original weight, we will reimburse 50%.

Patients must follow the entire recommended treatment plan for the given treatment area. Patients must allow their provider to take photos and weight at each treatment and follow-up visit. This promise refers to a visual reduction in fat only, not skin laxity, weight or inches.

Patient Signature:	Date:
Provider Signature:	Date:
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Post-treatment instructions:

For two weeks: Do a 2-minute manual massage on the treatment area(s), three times a day. This has been shown to significantly improve results.

Avoid taking ANY anti-inflammatory medications for seven days (such as aspirin, Advil, Motrin, Aleve, and Ibuprofen). If needed, you can take Tylenol (acetaminophen) or Benadryl.

Maintaining diet and exercise is required to maintain your results. A change in lifestyle habits can cause weight gain and in turn, affect the quality of your result.

Effective Date: May 1st, 2019